



Dear Parents/Carers

30th April 2024

Year 6 Relationships Programme

Promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) programme. This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

On **Friday 28th June** our school will be welcoming the leading children's health and wellbeing charity, Coram Life Education (CLE) into our school to deliver some of the relationships and sex education (RSE) aspect of our PSHE programme to Year 5. This programme is designed to help children make healthy choices and keep themselves safe during their school years and beyond. From September 2020 relationships education became a legal requirement; parts of sex education were already legal requirements before this time, within the National Curriculum. The design of the programme has taken into account the requirements of the statutory guidance, up-to-date best practice guidance, and the needs of our children. The workshops, led by an experienced, trained CLE educator

Appropriate questions that children might ask during the workshops will be answered honestly, factually and in the context of safe, supportive, loving, and caring relationships. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

These workshops have been designed with the curriculum and reviewed by the school and you are very welcome to come into school to see the resources for yourself. A parent workshop will be held on **Friday 14th June at 2:30pm** in school for parents of Year 6 children in school, by the CLE educator, who will be able to answer any questions and explain the content to you. Please come to the main office if you wish to attend this workshop.

We recognise that parents and carers play a vital part in their child's relationships education, and we encourage you to explore these questions with your child at home as well. If further advice or support is required, or you cannot make the parent session, please do not hesitate to speak to your Miss Hall or make an appointment to discuss this further with me at another time.

Thank you for your continued support.

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Mrs Leanne Ruddock
Head of School