


- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE



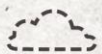
Please Note: Panini's will start w/c 2<sup>nd</sup> May 2022.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>HOT MEAL</b>	Fish Fingers with Chips and Baked Beans Quorn Nuggets with Chips and Baked Beans	Pasta Bolognese with Garlic Bread Quorn Bolognese with Garlic Bread	Chef's Pizza with Potato Wedges	Roast Dinner, Roast Potatoes and Yorkshire Puddings Quorn Roast Alternative	Grab bag day – Ham, Egg, Cheese or Tuna Sandwich
<b>Accompaniments</b> 	Garden Peas	Mixed Vegetables	Sweetcorn	Steamed Vegetables	Vegetable Sticks
<b>Alternative Option</b>	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo OR Panini: Ham and Cheese Tuna and Cheese Cheese and tomato (V) Cheese (V)	Jacket Potato with Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese Or Tuna Mayo	
<b>Dessert Choice</b>	Ice Cream, Yogurt or Fruit Pot	Syrup Sponge and Custard, Yoghurt or Fruit	Fruit Yoghurt or Fruit Pots	Ginger Sponge with Custard Yoghurt or Fruit	Tray bake of the day, Yogurt or Fruit
<b>Drinks</b>	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water Or Fruit Drink

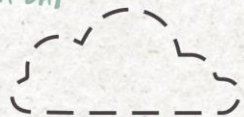
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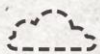


Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>HOT MEAL</b>	Battered Fish with Chunky Chips  Quorn Nuggets with Chunky Chips	Chicken Curry, Rice and Naan bread  Quorn Curry, Rice and Naan Bread	Chef's Pizza with Potato Wedges	Roast Dinner, Roast Potatoes and Yorkshire Puddings  Quorn Roast Alternative	Grab bag day – Ham, Egg, Cheese or Tuna Sandwich
<b>Accompaniments</b> 	Baked Beans	Garden Peas	Sweetcorn	Steamed Vegetables	Vegetable Sticks
<b>Alternative Option</b>	Jacket Potato with Baked Beans, Cheese Or Tuna Mayo	Jacket Potato with Cheese Or Tuna Mayo OR Panini: Ham and Cheese Tuna and Cheese Cheese and tomato (V) Cheese (V)	Jacket Potato with Cheese Or Tuna Mayo	Jacket Potato with Baked Beans, Cheese Or Tuna Mayo	
<b>Dessert Choice</b>	Ice Cream, Yogurt or Fruit	Chocolate Sponge and Chocolate Sauce or Fruit	Angel Delight, Yogurt or Fruit	Lemon Sponge with Custard or Fruit	Tray bake of the day, Yogurt or Fruit
<b>Drinks</b>	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water  Or Fruit Drink

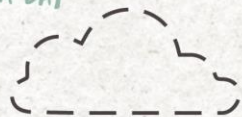


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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>HOT MEAL</b>	Fish Fingers with Chunky Chips  Quorn Nuggets with Chunky Chips	Sausage Pasta Bake  Quorn Sausage Pasta Bake	Chef's Pizza with Potato Wedges	Roast Dinner, Roast Potatoes and Yorkshire Puddings  Quorn Roast Alternative	Grab bag day – Ham, Egg, Cheese or Tuna Sandwich
<b>Accompaniments</b> 	Steamed Seasonal Vegetable or Salad	Garden Peas or Salad	Sweetcorn or Salad	Carrots and Broccoli or Salad	Vegetable Sticks
<b>Alternative Option</b>	Jacket Potato with Baked Beans, Cheese Or Tuna Mayo	Jacket Potato with Cheese Or Tuna Mayo OR Panini: Ham and Cheese Tuna and Cheese Cheese and tomato (V) Cheese (V)	Jacket Potato with Cheese Or Tuna Mayo	Jacket Potato with Baked Beans, Cheese Or Tuna Mayo	
<b>Dessert Choice</b>	Crunchy Flapjack, Yoghurt or Fruit	Jam Sponge and Custard or Fruit	Fresh Fruit or Yoghurt	Marble Sponge with Chocolate Sauce or Fruit	Traybake of the day, Fruit Yoghurt or Fruit
<b>Drinks</b>	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water	Chilled Jug of Water  Or Fruit Drink



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