



“Raising Yorkshire Puddings”

Parent Support Group

About Us:

The Parent Support Group is an online support group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic. For an invite, please email: mhstparentsupport@bdct.onmicrosoft.com

Next Parents Support Group details: Tuesday 20th September 2022
Topic: “Supporting your child: Separation Anxiety”

BRADFORD AND CRAVEN
trailblazer **NHS**

Raising Yorkshire Puddings

Parent Support Group



Tuesday
20th September



10:30am
or 7:30pm



Zoom
Email the address
below for the link

**THIS MONTHS TOPIC:
SUPPORTING YOUR CHILD: SEPARATION ANXIETY**



Returning to school in September can feel tricky for some children and they may experience feelings of separation anxiety. Feel free to join us to explore this topic together

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